## STUART BATHURST CATHOLIC HIGH SCHOOL

21 February 2021



## **HEADTEACHER'S MESSAGE**

Welcome to our newsletter.

As we return to online school this week, we look forward to what is the shortest half-term of the academic year. Over the break, we as Catholics observed the start of Lent with Ash Wednesday. Lent is a period of 40 days and 40 nights where we reflect on our own mortality and prepare ourselves for the greatest feast in our Liturgical Calendar, Easter. For all Catholics we see this as a time where we "give something up", it might be some of our favourite treats such as crisps or chocolate or it could be that we give up something that we enjoy doing such as visiting the cinema or watching a favourite programme.

With the last year unfolding as it has, many of us may feel that we have been living a kind of Lent all year as we have lost beloved family members, been unable to see family and friends, travel and do many of the very simple things such as visiting shops or going to the gym. So, this year, I think we need to use Lent as an opportunity to reflect on what is good in our lives and celebrate the good things we have seen in both ourselves and in others. There is such a lot to be thankful for in one another so let's cherish that.

As I write this article, we await an announcement of the "Roadmap" out of Lockdown from our Prime Minister. We are hoping to see an opening of schools commencing the 8th March. I know that for many of you, you will recognise that your children need the return to normality and quickly. This has been a difficult time for them, they miss their friends and the routine of getting up and dressed and into school. On visits to homes over recent weeks, it is very apparent that they miss the contact with their teachers and the elements of face to face learning that cannot be replicated in an online classroom. I need to reassure that when your child returns to school, it will be to an environment which is as safe as it can possibly be, following government guidelines in terms of social distancing and testing. There are a lot of unknowns and uncertainties, but together we will overcome any obstacles and keep one another safe.

This newsletter is a celebration of our students; you will see some excellent examples of work across a number of subjects. Added to this, there is the awarding of House Points to a number of students across all year groups.

These points have been awarded for both academic excellence and also attitude to school. You will see that anyone has the opportunity to succeed in this system; it allows our students to do and be of their best and be recognised for their efforts. There is also an element of competition in there too.

We are offering our Year 9 students a chance to take part in the Duke of Edinburgh Award. This is a national scheme, globally recognised for building additional physical, practical and life skills in young people and so if you are a parent of a Year 9 pupil please encourage them to take up this fantastic opportunity.

Please also have a read of the article relating to the Three Peaks Challenge that some members of staff will undertake in June. It will be a true test of fitness and stamina, hence why I will be driving the minibus!

Wishing you all a peaceful week. God bless,

**Mrs Morris** 













Following last year's success of the Mam Tor Hike, the School's Senior Leadership Team will be taking on the National Three Peaks Challenge. As with our previous fundraising events, the money we raise will be used to support families in our local community. During this difficult time, many of the families in our community have experienced extreme hardship and loss due to the COVID pandemic.

BEN NEVIS
SNOWDON SCAFELL PIKE



## WEEKLY HOUSE CHAMPIONS







WHOLE SCHOOL	Lyla D	Ruby B	Sasha D
7	Ruby B	Takwana M	Aaron M
8	Sasha D	Joe G	Daniel D
9	Haafizah H	Cody B	Gage M
10	Lyla D	Tiah M	Amie A
11	Jodie S	Zuzanna O	Bilal B

## **TOP 5 WINNERS THIS HALF-TERM**

## **VERITAS**

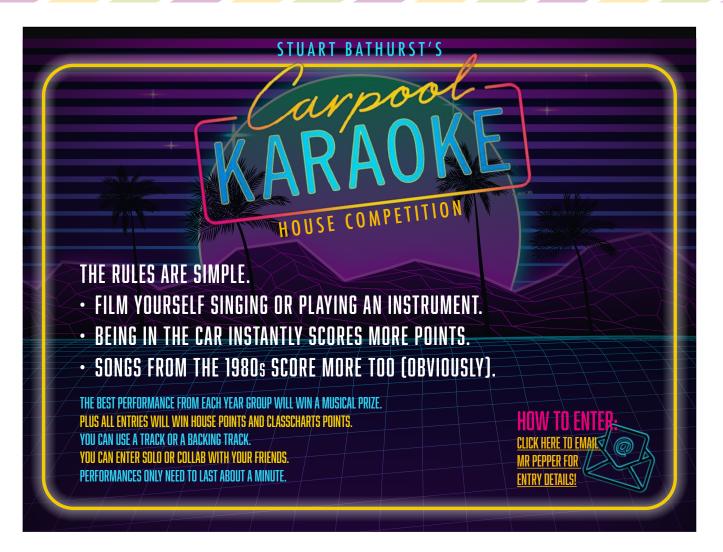
YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Jacob C	Daniel D	Haafizah H	Ben E	Jodie S
Sara R	Mohammed A	Gage M	Kareena D	Zuzanna O
Amy K	Jenson R	Mollie S	Lucy G	Anjali S
Mateusz K	Lexie M	Zayne B	Nusaybah A	Fariha R
Adam H	Jay O'H	Imani M	Ramih G	Jaya B

## **AMARE**

YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Takwana M	Joe G	Cody B	Lyla D	Bilal B
Aaron M	Jervorn D	Sania B	Tiah M	Sean G
Talhah N	Rhys D	Harrison McC	Amie A	Millie S
Noor-E-Safah H	Rayhaan P	Arafat S	Jai G	Anisa G
Hamzah I	Kirit P	Summra N	Mohammod N	Laeba I

## **PIETAS**

YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Ruby B	Sasha D	Talhah B	Emily H	Noor F
Michaela M	Summer Q	Jonathon S	Todd B	James T
Summer P	Grace G	Zara A	Ralph C	Muzakkir T
Katy S	Maizie G	Gursimran B	McKenzie H	Aaron D
Armaanjit K	Caitlin T	Jaskirt K	Isra H	Leah D



## **HOUSE COMPETITION DEADLINES**

Teachers' Pancake Flipping 10 February

Spelling Bee 12 February

Numeracy Challenge 12 February

'What We Did Over Lockdown' PPT 26 February



# Well done everyone and keep up the amazing work!



Enjoy your break and stay safe!



#### THE START OF LENT

This half term sees the beginning of Lent. Lent is a time of preparation before Easter.

Lent is an opportunity for us to make up for the things we may have done wrong. It can be a time to say sorry to God and to each other.

It is a time to think about others.

It is a time to think about what Jesus went through for 40 days in the desert as He prepared Himself to start His mission.

Lent Begins on Ash Wednesday which was on 17th February this year.

Lent calls us to focus on these three things: **TO FAST** – to go without things and offer it up for other people in need

**TO PRAY MORE** – talk to God more often **TO GIVE TO CHARITY** – give to others in need or do good deeds



## **CHAPLAINCY CAPTAIN'S PRAYER**House Pietas

Dear God.

Help those who do not have a home or shelter.

Help those who are in need the COVID-19 Vaccine.

Help the family members who have lost someone due to COVID-19.

Thank the NHS and the Soldiers who are helping the vulnerable and elderly getting the vaccination.

Thank the teachers for providing us with an education online.

We pray each day that something positive will happen.

We wake up every day to think that if we stay in we save someone's life.

We pray that we can meet our friends soon.

We know that staying home will make a big difference.

I pray that one day we will be able to see our grandparents.

We pray that every day will be a better day.

Amen

Pietas Chaplaincy Captain: Sasha D. 8M

## **10 QUICK QUESTIONS**

## Try our Lenten Knowledge Quiz:

- 1. What do we call the first day of Lent?
- 2. What season is Lent preparing us for?
- 3. What is the proper name for Pancake Day?
- 4. How many days was Jesus in the desert for?
- 5. What three things do we focus on during Lent?
- 6. What charity are we supporting this Lent?
- 7. What is a popular item that lots of people give up traditionally during Lent?
- 8. What do Catholics receive on their forenead at the beginning of Lent?
- 9. What Patron Saint's feast days always falls during Lent?
- 10. When does Lent finish?

# THE PENNIES IN A JAM JAR CHALLENGE!

Join Stuart Bathurst Catholic High School and St Mary's Catholic Primary School Wednesbury working together to raise funds for CAFOD and the Water for Life Campaign 2021.

#### **STEP ONE**

Find an empty jam jar – make sure it is clean!

#### **STEP TWO**

Each day during Lent, starting on Wednesday 17th February put in a minimum of 1p – you may want to encourage all your family members to do the same!

#### STEP THREE

Keep those pennies safe and bring them into school when we return. If all our students and staff put in a

least 1 penny a day, we would raise at least £400 during Lent!
Just think what we can do for those children without access to clean water!



JOIN US ON TWITTER TO FOLLOW OUR '40 WORDS FOR 40 DAYS' POSTS.

@stuartbathurst



#### DUIZ ANSWERS:

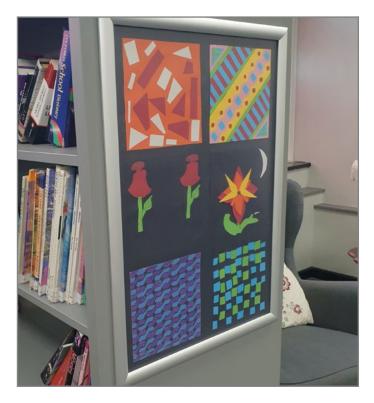
1.Ash Wednesday. 2. Easter. 3. Shrove Tuesday. 4. 40 days. 5. Fasting, prayer, good deeds. 6. CAFOD. 7. Chocolate. 8. Ashes. 9. St David and St Patrick 10. Maundy Thursday.

## **ART & DESIGN**

Year 10 art students have been responding to the work made by the quilters of Gees Bend in Alabama, America That has resulted in these excellent collages. They are currently on display in our Learning Resource Centre.

Miss Bagshaw

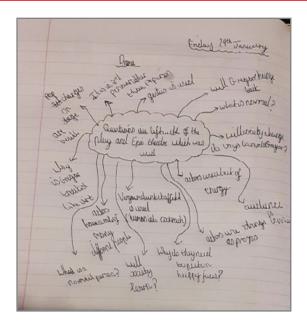


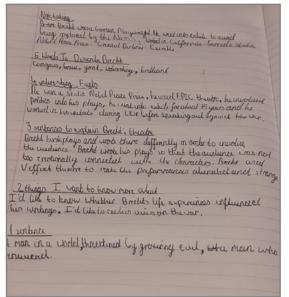














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Daniel D. 8W

**DRAMA** 

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All in all, the play has theorophy enjoyable, "I't consequent preference.

Return 1910

### **HUMANITIES**

The Humanities team would like to thank all students for their hard work in their remote lessons this half term. The standard of work that we have been sent has been exceptional and it is fantastic to see that you have been enjoying your Humanities lessons at home too. Our KS3 historians have been learning about the Tudors (Y7), the Industrial Revolution (Y8) and 20th Century America (Y9). Whilst our KS3 Geographers have been globe trotting from home, learning about Africa (Y7). Russia (Y8) and Asia (Y9).

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Dhishika L. Y9

Our Year 10s have been continuing to make good progress with their GCSE studies and are close to completing the Health and the People topic (History) and Urban Issues and Challenges topic (Geography). A special mention goes to our Y11 History and Geography students who have continued to demonstrate an excellent attitude towards their studies during these uncertain times. They have been producing some fantastic work as they approach the end of the GCSE course

Mr Walker

Lyla E. Y10

## **HUMANITIES**

05/02/21 how did the industrial revolution transform Wednesbury?

# Black Bugle Tountry

Wednesbury changed dramatically during the industrial revolution because there were many upgrades for example markets were being held which helped people get essentials thy could not easily get hold of, also factories and many other buildings were being opened and this caused many more jobs to be on offer. Iron works is another big change, people were making shed loads of iron and this helped with making different things for example train and railways. It also changed when the roads and pavements were covered in human waste and the hygiene was horrible, but we soon improved on that by making sewers and pipes.

The positive change had to happen because it was a very negative place before all these changes, people would be walking through their own waste, there would not be as many jobs as there are and the travelling would be extremely difficult caused to there was no railways turnpikes or canals. I'd isay that it was good for it to have a massive change otherwise we still most likely would've been stuck with all those problems to this day



#### Maizie Y8

How did the government improve public health after 1900?

Starter: forms quiz

<u>Limited - 1830s</u>	Optional - 1848	Compulsory - 1875	Comprehensive - 1948
A few towns	1848 public	1875 public	From 'cradle to
introduced sewers, rubbish collection and clean water	health act, towns could set up boards of health if 10% of ratepayers voted for it	health act, councils forced to provide basic sanitation (water, toilets, drains and sewers)	

1) In what ways did the government try to improve children's health from 1906-1908?

The government tried to improve children's health from 1906–1908 by starting a school medical service, where the government paid for school clinics to be set up w free treatment.

2) How did councils introduce laws to improve housing?

Councils banned back-to-back housing and by 1930, a huge slum clearance programme began to clear away the breeding grounds of so much disease.

3) Source G - How successful was the national immunisation campaign against diphtheria? (Use examples from the graph)

The national immunisation campaign was more successful against diphtheria, by 1880-90 the cause of diphtheria was identified and then between 1900-15 the vaccine to diphtheria was out and the death of children with diphtheria was decreasing which shows the vaccine was working.

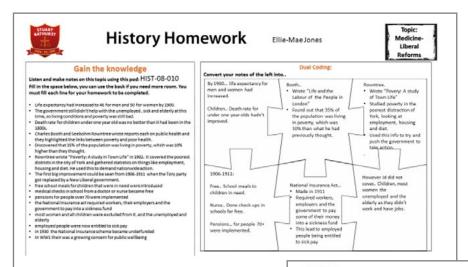
4) Source F - How does infant mortality improve throughout the 20th century? When are the biggest improvements?

Infant mortality improves throughout the 20<sup>th</sup> century as you can see from 1840-1900 there was high death rates of infant mortality this shows not much medicine was discovered. Whereas from 1910-2010 the infant mortality decreases which shows how medicine affected and was more discovered. The biggest improvement was from 1900.

What were Hitler's foreign policy aims? Structural Weaknesses Major countries not members: Only met once per year USA, Russia and Germany. No army. Economic sanctions failed -All decisions had to be unanimous countries still traded with USA. Slow to make decisions Why did the League of Great Depression: Self-Interest Causes mass unemployment Italy's invasion of Abyssinia across world. Japanese invasion of Manchuria Economies collapse, countries Hoare-Loval Pact - Britain/France invade other countries. go behind the League's back. Britain/France reluctant to help/provide their armies. Hitler believed that the Treaty of Versailles was unjust. Many Germans felt that the Treaty was unjust which led to the German leaders who had signed it being known as the November Criminals. People voted for Hitler because Hitler promised that he would reverse the Treaty of Versailles. Hitler wanted to reunite with Austria, which was known as "Anschluss". Also, Hitler wanted Lebensraum, which meant that he wanted to gain an empire in Eastern Europe to give living space for Germans. Hitler wanted a Gross Deutschland, which meant that he wanted to expand into other territories and unite countries to create a Greater Germany. Hitler was worried about communism spreading to Germany from Russia. He planned to invade parts of Eastern Europe to stop the spread of communism. m. Britain and France would have agreed that they were

Hafsah Y10 Bilal Y11

## **HUMANITIES**



#### Ellie-Mae Y11

The League of Nations (recap).

18th January 2021

- Made up of the Secretariat, the Court and the Commissions
- Commissions protected minority groups.
- Met up once a year

The structure of the League was a compromise.

The smaller states could have their say in the assembly and through being non-permanent members on the council. However, as most decisions in the council has to be unanimous, the powers could easily veto any proposals made by the smaller League members.

This meant that small countries could easily be ignored if they were inconvenient to the leading members



#### STRENGTHS WEAKNESSES The league had over 50 members

- The League could place economic sanctions to damage a country's trade
- Communication and language
- Germany, russia and the usa were not members
- at first

  Council set up as assembly too slow
- . Unanimous votes were needed for the assembly to take action (could also be considered a strength

### **History Homework**

#### Gain the knowledge

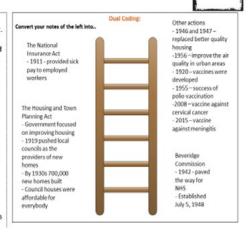
Listen and make notes on this topic using this pod: HIST-08-012

Fill in the space below, you can use the back if you need more room. You must fill each line for your homework

The Liberal government in 1906 legislated for change. In 1911, the National insurance Act provided sick pay to employed workers. The government focused on improving housing.

By 1930s, 700,000 new homes were built. The Housing and Town Planning act in 1919 pushed local councils as the providers of new homes. Council houses were affordable houses for everybody. In 1942, the Beverage commission paved the way for the NHS. It was established on July 5th, 1948. The New Towns Act was passed in 1946 and 1947.

It replaced better quality houses. Vaccinations contributed to improve health. The polio vaccination was a success in 1955. In 2008, a vaccine was introduced



Senna Y11

Medicine Welfare

#### Ellie-Mae Y11

## **HUMANITIES**

During remote learning, students completed some fantastic pieces of long writing.

Talhah B. 90, wrote a wonderful 6 mark essay about the impacts of the Haiti Earthquake for his home learning.

Sania B. 9D, created an excellent explanation about the formation of glaciers during our online lesson.

Some Year 10s who have performed really well in online learning are: Todd Berry Jai Gharu Khadija Hanif Kaitlyn Campbell Ben Fasterlow

Miss Kerr

The Haiti Earthquake was in the year 2010. It was tragic earthquake as it had a whopping 7.0 magnitude on the Richter Scale. It occured in North America in the country Haiti. Because of its poweful Shockwaves magnitude it effected lots of parts of Haiti. One of the responses to the Haiti Earthquake was that many countries responded to the world wide appeal. This help Haiti by giving them money. This money was useful as it was used to rebuild buildings such as; nomes, Schools and Hait's popular attractions. It also saved many lives because there was enough money to build Hos hospitals (which helped the injured and sick).

Another response to the Earthquake was that Dominican Rebublic (which shares the island of Hispaniola with Haiti) gave aid to Haiti. This was effective as it also saved many lives by Sending water, food and heavy lifting machinery. This gave the hungry injured haitians some help. The water and food satisfied the hungry citizens. The lifting machinery cleaned up the piles of buildings rubble scattered on the floor and also to helped to find surviving people under the rubble.

The final response that helped Haiti was that, the Hospitals in the Dominican Rebublic was made free this was exclusiverly helpful as it saved innocent peoples lives. I can state this because the Hospitals gave medicines to the ill and sick. Gave first aid to injured Haitians and cured people who were getting sin signs of the Cholera.

Talhah Y9

c/w

Wednesday 27th January 2021

#### Glaciers

#### Explain how a glacier would grow in size-gold task

A glacier is a block of ice, which is formed after years, slow moving river moving downhill from very cold places. Normally, there are 3 stages in forming a glacier. First, as the glaciers are formed in high altitude places, where is very cold, the input of snowflakes collect or accumulate in a hollow in the mountainside. Then, more accumulation is done and the weight compresses the snow together into a solid ice, this process can take 30 to 40 years of snow to form a dense glacier of ice. Finally, if the ice doesn't melt and the accumulation continues, the block of ice becomes bigger and heavier. After, the force of gravity pulls the block of ice to move slowly downhill, making a glacier.

However, most glaciers in the world now are not growing and some are melting instead. This is because of global warming, which cause the temperatures to go up and there is less snowfalls stopping the glacier to stop growing but ablation is happening the most and making the glaciers to turn into water and evaporate. Therefore, there is less input then output going in the glacier causing it to not grow much.

## **ENGLISH**

### **PSYCHOLOGY**



From the perspective of Hera, who curses the nymph Echo for helping her husband Zeus with his schemes. The curse ensures that Echo can only ever repeat the last word of any sentence.

> This stupid little nymph, I can see right through their little game. She always has the last word, well no more! I shall speak with Zeus about the little tricks he plays, he must think I'm incompetent, sending this silly little echo to distract me

> unsual.cure. Why won't she move? Left, right, forwards and back, I danced this dance too many times before. Silly little nymph, as soon as the gap opens she moves back. I don't want to punish her because of Zeus' fall, but I can't stand the nonsense any more. I know what to do... always wanting that last word, I shall silence her, until I talk to Zeus. Then maybe I will find young Echo and let her speak again as long as she promises me to never get involved in any of Zeus' schemes. Finally, Zeus will get what he deservers. Poor little Echol

Ruby Y7

#### Takwana Y7

What's that sound? \*Gasp\* Another living being! He is so charming too! I need to talk to him, hug him, love him forever...

\*Echoing the words\* "LOVE ME! LOVE ME!" Ouch! Why did he push me? Does he not like me? He must like me, right? \*Narcissus tells her about his feelings towards Echo\* He doesn't like me! Is there something wrong with me? There must be! I guess I will just keep being alone... "Alone! Alone!"

From the perspective of the cursed nymph, Echo when she sees the beautiful Narcissus for the first time. Echo falls deeply in love, but Narcissus is selfish and only has eyes for himself.



Takwana, 7A2

#### AMES ROOM



By Adelbert Ames Jr.

Many assume that this room is a normal box shaped room with the walls and floor are level with each other. Therefore, the viewer thinks that one person is smaller, and one person is larger. However, this is a trapezoidal the floor slanted upwards. The left side is quite further away which makes it smaller although the person actually isn't. The checkerboard floor looks as if the floor is even with the same number of squares aligned in

#### MULLER-LYER ILLUSION

This image consists of three lines: one with inward wings, outward wings, and one with both. The idea that they all look different lengths when they are

The viewer interprets it this way because we 'think the wings are part of the overall size and shape. We can't view these types of images even after being explained because it is just how perception is.



By Franz Carl Möller-Lyer

#### PONZO ILLUSION



Similar to the Muller-Lyer Illusion, this image shows how many would think these lines are different sizes when in fact, they are the same length.

The two converging lines form a horizontal distance, so the further away, the more they the far yellow line is bigger.

By Mario Ponzo

# OPTICAL ILLUSIONS

#### KANIZSA TRIANGLE

triangle with the use of the men disks and the co contrasts, to lead our brain to There isn't actually one there disks gives an outline of the



By Gaetano Kanizsa

**RUBIN'S VASE** 

#### **NECKER CUBE**



By Louis, A Necker

This illusion is a simple 'wireframe' drawing of a cube which can be interpreted visually in two ways. It can either be the lower-left face or the upper-



This illusion is the idea of the figure and ground distinction during visual perception. When an object surrounds another, the surrounded object is the 'figure' (the one we see clearly first), whereas the 'ground' is the background which we do not pay attention to until we realise after. The similar contours put our brain in a shaping process.

You can either see 2 faces opposite of each other or a vase. It my take some time before you would realise o or the other however, they cannot both be seen at the



By Edgar Rubin

## **FRENCH**

Here are xamples of extended writing in French from Years 7-10. Well done to all students for their hard work and effort throughout the Spring Term!

Mrs Aller

Salut, je m'appelle isha. je suis en septieme annee a

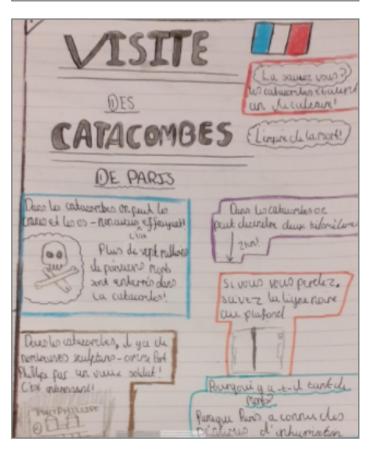
I ecole Stuart Bathurst.on a trois cours le mantin et trois cours l' apresmidi.on a cours le jeudi apres-midi.

Ma matiere preferee cest les sciences parce que j'adore experiements.mais je n'aime pas l'anglais parce ce que cest difficile.

A onze heures, on a la recreation. je mange de la pizza et je bavarde avec mes amis

Le dejuner est at onze heures moins le quart.on a mange a la cantine. Mon plat preferee cest de la pizza avec des frites.

On finit les cours trois heures et quart.



Bonjour! Je m apelle katy et jai onze ans.

Mon anniversaire cest le 21 mars 2009.

J'aime le français parce que cest marrant et genial aussi la prof est sympa!

Je naime pas les mathematics parce que difficile mais jadore les arts plastiques cest ma matière preferee!

Mon plat prefere est fraises enrobees de chocolat. Jai deteste oignons. Je vaise dormir a dix heures et demie.

Au revoir!

Bonjour, je m'appelle Hannah, j'ai 11 ans et je vais à l'école secondaire Stuart Bathurst. J'ai 5 matières tous les jours et j'ai auss la forme c'est quand nous nous réunissons en classe et parlons de notre bien-être comprend PSHE. Les matières que j'étudie sont le français, l'anglais, les mathématiques, l'éducation religieuse, le théâtre P.E, la science de la musique et l'histoire, nous étudions également la citoyenneté et la géographie. Nous commençons les cours à 9h00 et finissons à ### comprend PSHE. Les matières que j'étudie sont le français, l'anglais, les mathématiques, l'éducation religieuse, le théâtre P.E, la science de la musique et l'histoire, nous étudions également la citoyenneté et la géographie. Nous commençons les cours à 9h00 et finissons à 1.15. Une fois l'école terminée, je me prépare pour la mosquée et avant cela, je prends upne collation puis je prends la douche avant que ma mosquée en ligne ne commence. J'adore la mosquée en ligne parce que tu en apprends plus beaucoup sur les derniers et comment les prophètes sont devenus des prophètes et comment ils ont été considérés comme des prophètes.

C'est donc mon école et je suppose la routine de la mosquée. J'espère que vous avez aimé écrire à nouveau bientôt **SECURITÉ** RESTEZ EN SÉCURITÉ REGARDS HANNAH

Locke d'écriture

Salut! Je mappelle Armanigh. Je suis en septieme au caloge
Street Bathres On a trois cour les matin et brois cours les
laprès-midé.

Ma matière preferer cisto les sciences parce que cost
interessant. Mais je naune pos le françois parce que
cest rul.

A onze heures moins le quart on la récréation. Je mange du
chordat. On le bourde et right. Le dejeuner est à une heures
et quart. Je mange a la mais masion. Mon plat preferer
cést des pôtes et frites.

On finit les cours a bois heures dix, as je fatiges:
Mon collège est très genial

## My Paragraph

Salut! Je m'appelle Jaskirt et je suis avocate. Le matin, je vais au travail tres tot. D'abord je vais au tribunal. Puis, je parle a mon client. L'apres-midi, je mange sucrieres et je boire les boissons de gazzeuses. Le soir, je fais diner et je dormir. J'adore mon job parce que c'est interessant et tres creatif!

## **FRENCH**

## A Paris

Tout d'abord, j'ai visité le tour eiffel et c'était génial .



Puis j'ai visité les catacombes et c'était étrange.

Ensuite j'ai visité le Louvre et c'était bien.

J'ai visité le Centre Pompidou. C'était ok mais pas le meilleur. Je l'ai quand même aimé



Tout d'abord, jai visité le Tour Effiel et c'était intéressant. Puis, jai visité les catacombes. Et c'était bizarre. Suivante, jai visité le musée de Louvre et c'était génial. Après, jai visité le Centre Pompidou, ce' nétait pas mal. Finalement, jai visité le centre de loisirs.

Puis j'ai visité les catacombes et c'était étrange.

Ensuite j'ai visité le Louvre et c'était bien

l'ai visité le Centre Pompidou. C'était ok mais pas le meilleur. Je l'ai quand même aimé



Finalement, je me suis arrêté dans un café et j'ai joué au football. J'ai tout apprécié et j'ai aimé la culture française dans l'ensemble j'ai aimé la tour parce qu'elle était si intéressante. la nourriture était savoureuse mais étrange.

Tout d'abord, j'ai visité les Halles et c'était bizarre. Puis j'ai visité la Tour Eiffel. C'était super. Puis j'ai visité le Louvre et c'était intéressant. Par la suite, j'ai visité le Centre Pompidou. Ce n'était pas mal. Bien que je n'ai pas visité les égouts, j'ai entendu dire que c'est un endroit agréable pour se promener. Enfin, j'ai joué au football et j'ai mangé au café.

Je m'appelle Prabsimran et je suis accro à l'alcool depuis deux ans je bois l'alcool réguilièrement car à mon avis, ça me donne confiance quand dans les situations sociales. En plus, mes copaines boivent trop donc le weekend dernière, j'ai eu ivre. C'etait très mauvais! Cependant, ça coûte très cher et on risque avoir un cancer ou d'autres problèmes. Maintenant, je veux arrêter parce que c'est nocif pour la santé et je ne souffrirai pas de changements d'humeur. Qu'en pensez-vous? Aussi, mon copine s'appelle Lucy est accro fumer des cigarettes récemment et ça pue. On devient facilement accro mais elle ne veut pas grossir. Je pense que c'est assex dangereux alors c'est une perte d'argent.



Salut! Je m'appelle Julia. J'ai quatorze ans et je parlerai de ma santé. En général, je pense que je mange assez sainement. Pour le petit déjeuner, je mange soit un smoothie avec de l'épinard et de la banane ou des oeufs avec du thé. Pour le déjeuner, je mange une salade ou des pâtes avec du poulet. C'est délicieux! Demain, je vais avoir des pâtes. Finalement, pour dîner je mange du poisson avec des pommes de terre.

Je l'exerce régulièrement. J' exerce quatre fois par semaine si je ne suis pas paresseux. L'exercice est important pour moi parce que, est me rend heureux. Je me sens sain!

J'aime me détendre, lire, jouer aux jeux vidéos et passer du temps avec ma famille. Principalement, ma cousine. Elle est ma meilleure amie. Finalement, non, je ne dors pas bien parce que mon portable est ma distraction. J'ai dormi pendant seulement six à sept heures.

# PHYSICAL EDUCATION

Well, I never thought I would be teaching practical PE lessons online from my home and throwing rubber ducks into saucepans for target practice. Nothing can prepare you for the rapidly changing world we are living in but I am so proud at how all pupils have adapted to the demands of PE online

We have adapted our activities so pupils still experience the curriculum content they would have received in school but encompassing activities that can be completed at home using household items. Socks, washing baskets, teddy bears, bins, buckets, toilet rolls, paper balls and even pets have all been used.

This half term, pupils have studied basketball, handball, netball or football in their core PE lessons. Pupils have embraced the physical challenges set for them: shooting practices, fitness activities, and 'beat the teacher' challenges have ensured that pupils are keeping active during lockdown. Pupils in Year 7, 8 and 9 have completed a virtual competition in the last week of half term. This involved completing the speed bounce, target throw, balance test and a throwing and catching challenge. This was a competition against other schools in Sandwell and we eagerly await the results to see if we are one of the top schools in Sandwell for engaging in physical challenges. At this moment, competitions are all about participation rather than results, but hopefully next half term we will be offer some activities with a competitive element

The department have completed an online questionnaire to guage pupils' thoughts about online PE lessons. The majority of pupils have said they are appreciating PE lessons and enjoying the activities.

To get a true reflection of pupils' opinions, this questionnaire was anonymous. Comments included, 'Best lesson of the week, you make it so fun' and 'I haven't got any improvements to the lessons I really enjoy them'. We were pleased to receive such positive feedback.

The questionnaire also sought feedback on the weekly Mental Health Challenge. Again, pupils appreciated time away from their screens. I would like to thank parents for their emails thanking the department for this weekly activity. Your replies to our weekly text have shown pupils are relishing this time with pupils being creative with artwork, spending valuable time talking to family and we have definitely got some budding contestants for the Junior Bake Off. It is great to receive photos and updates of all of their endeavours.

Mrs Wright



A cake made by a Y8 student participating in the Mental Health Week challenge.

## Mental Health Challenge - choose one per lesson

Connect with other people Be physically active Give to others Learn new skills Pay attention to the present ☐ Tidy your bedroom Organise a family quiz Complete a fitness ☐ Try an online yoga video online e.g. The ☐ Take time for prayer Clean the bathroom session Play a board game as **Body Coach** ☐ Cook a meal ☐ Write a list of all your a family Deliver a relatives Learn a dance routine shopping achievements for the ■ Make a face mask Organise a call with a week ☐ Help a sibling with their ☐ Go for a jog friend ☐ Bake a cake home learning ☐ Play a game with a ☐ Write a letter to a ☐ Create a circuit Care for a family Play an instrument training session in relative member your garden ☐ Learn sign language ☐ Read a book ☐ Go for a walk as a Look after a pet ☐ Relax family Complete a skills practice



This is not an endless list you can choose other activities that you think are suitable. As long as you feel good at the end of the activity you have improved your mental health. It always feels better when you make some

# PHYSICAL EDUCATION

We offer a wide variety of exam courses in PE: GCSE and BTEC in KS4, and A level and Cambridge Technical in 6<sup>th</sup> form. All of our classes have filled us with pride at the effort they have shown in online lessons. The work being produced shows pupils are determined to get the best grades possible. Pupils are regularly completing tasks live online so we can give instant feedback to improve the quality of their work. The work shown below is completed by one of the Year 11 GCSF pupils.

We have worked hard to ensure pupils take care of their mental health but we have not stopped there; the department have also been running exercise sessions for staff. Every Tuesday staff can join an online training session to help their mental and physical health. Staff have also been asked to donate money for the session to raise money for Smile for Joel, a charity very close to the department's heart.

We have raised £220 so far and this will continue until we return to teaching in school. There have been some excellent performances from staff with Miss Adams and Mr Walker winning the burpee challenge and Miss Kerr in English showing her determination in winning the plank challenge. The award for the best dance moves definitely goes to Mr Smith!

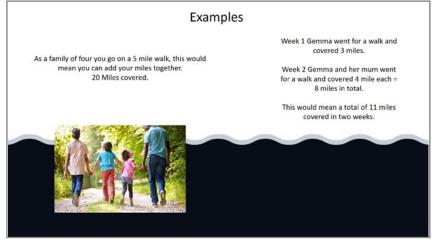
I will leave you with a physical and mental challenge to complete over the next few weeks. The 6 Nations is currently taking place, therefore we would like to challenge you to clock up the miles as a family to walk to one of the 6 Nations stadia. As a family, you need to let us know how many miles you are walking, running, cycling or scooting and then we will reveal the winning year group at the end on the 6 Nations tournament. The results will also be sent to the Sandwell Schools Sports Partnership to see which school is being the most active. All the details can be found on your child's Classcharts and your child will be asked in PE lessons to let us know of how may miles you have completed. Any photos of evidence of your miles would also be amazing; they can be emailed directly to their PE teacher. Good luck and enjoy the challenge.

Mrs Wright



#### GCSE PE work





# RELIGIOUS EDUCATION

I have been so impressed with the standard of work produced by RE students online. Well done to all of you that are sending in your classwork or submitting assignments on Teams. It is lovely to see your hard work and determination in keeping up your high standards of work.

Please let me know if you are taking part in any charity events- I would love to know what kindness is being spread in the community.

Take care and God Bless,

#### C/W RE: Mrs Greenhalgh 04.02.2021

"love your neighbour" - Christians imply this in their lives because they are trying to be like him and the want to influence the world with love and compassion.

"do unto others as you would have them do to you" They are saying here that they should treat people as you would want to be treated.

"Blessed those who hunger and thirst for justice" - This quote means that you should always do right instead of wrong because you never

## Subject shout out to Joe G (8D) for consistently sending neat class notes

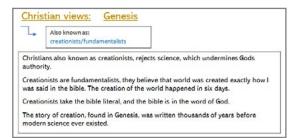
#### Monday 1st February 2021

Why are there different Christian denominations?

#### Quick start

- 1. The Nicene Creed is a statement of Christian beliefs.
- The four marks of the church are: one, Catholic, apostolic and holy.
- Christians are united as one by creed, worships and the beliefs of Jesus.
- Jesus makes the church holy with teachings, sacraments and being at the mass.
- They help the members of the church become holy.
- 6. Catholic

## Well done Gursimran B. (9M) for your excellent work on your knowledge checks.



#### Lyla B.

# RELIGIOUS EDUCATION VIRTUAL STAR

Submit your work at the end of every lesson- this can be done through classnotes or assignments on teams. EXCELLENT pieces of work will be placed in a draw for a prize at the end of each half term.

Keep up the great work- we love how much effort and dedication you are putting into your RE lessons!

#### FORGIVNESS

Fogivness is a key skill to do, even if a person hurts you bad you still should forgiv them like if they builty you, hurt you, or hurt someone you love but just like jesus did how he forgave all them people who hurt him it shows and just how god forgives us for all our wrongs we should forgive those who hurt us the most!



#### Amara A. Y7 exploring Jesus' forgiveness

#### **Creation Beliefs**

LEAFLET

#### The Catholic View On Creation:

Catholicare liberalist Christians. They believe that new scientific beliefs should be accepted; this is due to Catholics believe that the Bible was written in the past where they reflected their society's beliefs. Due to this, Catholica believe that science and religion can coexist and that religious beliefs should be updated to fit new scientific discoveries. They would also accept this belief as it was first put forward by a catholic priest, George Lemaitre.

#### Fundamentalists/Literali st Christians View On Creation:

Fundamentalists and literalists believe that the bible is a factual record of what happened. They are seen by these Christians to be historical records as they were written and came from god who is free from mistakes.

#### Jews get their belief of God from the book of genesis in the Torah.

Some orthodox Jews believe that God did create the universe in 6 days and rested on the seventh. This is shown in the celebrations of Shabbat and Rosh Hashanah.

Reform Jews believe that the creation stories should not be taken literally. They believe that they are not historical facts and that they should not be used to describe the origins of the universe.

Some Jews believe that God did create the universe through the big bang. They believe that god was the being that made everything come into existence and that god guided creation through evolution.

#### The creationists/evangelical Christians View On

Creationists believe that the universe was created in six days. They believe that Eve was created from

#### The Non-Religious View On Creation:

Atheists do not believe in any divine or super-natural being. They have the belief that God does not exists. Due to this, they would accept the Big Bang theory as it has plenty of evidence behind it. They would not see any God being in existence as there is no evidence to support that fact that there is one By Abu-Bakr Bismillah

#### Abu-Bakr



Ava C.

Year 11 are currently working hard on exam questions and I have been really impressed with the consistent effort and work from the following students: Noor F, James T, Zainab S, Jenine M Zuzanna O. Dylan U. Libby McC.



SYNONYMS

Scant Scattered Scarce Infrequent



## Sparsely

Adverb - in a thinly dispersed manner; in small numbers.

## 稀疏地

Chinese



#### ANTONYMS

Densely Numerous Frequent **Populous** 



MORPHOLOGY (WORD PARTS) ETYMOLOGY (WORD ROOTS)

From the Latin sparsus meaning scattered.



WORD FAMILIES: SIMILAR WORDS TO HELP WITH MEANING

Sparsely used in sentences:

The East of Russia is sparsely populated. The living room was sparsely furnished.



## **REMOTE LEARNING LESSON TIMES**

PERIOD 1	09:00 - 09:50
PERIOD 2	10:00 - 10:50
BREAK	10:50 - 11:15
PERIOD 3	11:15 - 12:05
PERIOD 4	12:15 - 13:05
LUNCH	13:05 - 13:45
FORM	13:45 - 14:15
PERIOD 5	14:25 - 15:15



Pope Francis @Pontifex

May the example of so many doctors and healthcare workers who have risked their life to the point of losing it due to the #pandemic move us to feeling truly grateful for how generously, and sometimes heroically, they carry out their profession.

1:30 PM · Feb 20, 2021 · TweetDeck

4,496 Retweets 227 Quote Tweets 28.2K Likes













Mental Health Poster by Sumer Q. Y7