

Key Stage 3 Summary of Progress

Age Expected Indicators for Physical Education



Below Age	Head:	Head:	Head:
Expectation	 Limited knowledge of how to apply some fundamental movement skills in activities. Limited knowledge of how simple tactics can be applied to games. Can compare some performances. Can recognise a good performance and use information to make limited suggestions of how to improve their own and others' performance. 	 Knowledge of how to apply some fundamental movement skills in activities. Knowledge of how simple tactics can be applied to games. Can compare performances. Recognise a good performance and use the information to make suggestions of how to improve their own and others' performance. 	 Knowledge of how to apply a number of fundamental movement skills in a variety of activities. Suggest how tactics can be applied to games. Use some appropriate vocabulary to make well founded judgements on their own and others' work to improve performances.
	 Heart: Communicate and collaborate with limited confidence whilst taking part in activities. Demonstrates limited confidence and interest in a range of physical activities. Demonstrates a limited attitude within lessons that benefits a healthy active lifestyle. Hands: Demonstrates a limited level of technical accuracy, with limited precision, control, and fluency. Apply limited fundamental movement skills in activities. 	 Heart: Communicate and collaborate with some confidence whilst taking part in activities. Develop confidence and interest in a range of physical activities. Develop a positive attitude within lessons that benefits a healthy active lifestyle. Hands: Demonstrates an improving level of technical accuracy, with some precision, control, and fluency. Apply your fundamental movement skills in activities. Apply basic tactics to games. 	 Communicate and collaborate with increasing confidence whilst taking part in activities. Demonstrating confidence and interest in a range of physical activities. Demonstrate a positive attitude within lessons that benefits a healthy active lifestyle. Hands: Demonstrates an improving level of technical accuracy, with some precision, control, and fluency. Apply your fundamental movement skills in activities. Apply tactics to games.
Morking At Ago	Apply very basic tactics to games.	Head:	Head:
Working At Age Expectation	 Head: Knowledge of how to apply some fundamental movement skills in activities. Knowledge of how simple tactics can be applied to games. Can compare performances. Recognise a good performance and 	 Knowledge of how to apply a number of fundamental movement skills in a variety of activities. Suggest how tactics can be applied to games. Use some appropriate vocabulary to make well founded judgements on 	 Knowledge of how to apply a number of fundamental and some complex movement skills in a variety of activities. Suggest how more complex tactics can be applied to games.



	use the information to make	their own and others' work to	• Suggest possible methods to improve
	suggestions of how to improve their	improve performances.	their own and others' performance.
	own and others' performance.	Heart:	Heart:
	Heart:	Communicate and collaborate with	Communicate and collaborate with a
	Communicate and collaborate with	increasing confidence whilst taking	
		part in activities.	high level of confidence whilst taking
	some confidence whilst taking part in		part in activities.
	activities.	 Demonstrating confidence and interact in a surger of relaxies! 	Demonstrate enthusiasm and
	Develop confidence and interest in a	interest in a range of physical	commitment to most lessons.
	range of physical activities.	activities.	 Motivate and instil sporting attitudes
	Develop a positive attitude within	Demonstrate a positive attitude within	in others.
	lessons that benefits a healthy active	lessons that benefits a healthy active	Hands:
	lifestyle.	lifestyle.	 Demonstrates an improving level of
	Hands:	Hands:	technical accuracy, with good
	 Demonstrates an improving level of 	 Demonstrates an improving level of 	precision, control, and fluency.
	technical accuracy, with some	technical accuracy, with some	 Perform skills in a range of activities
	precision, control, and fluency.	precision, control, and fluency.	and apply them to achieve good levels
	 Apply your fundamental movement 	 Apply your fundamental movement 	of performance.
	skills in activities.	skills in activities.	• Apply a number of different tactics to
	 Apply basic tactics to games. 	 Apply tactics to games. 	games.
Above Age	Head:	Head:	Head:
Expectation	• Knowledge of how to apply a number	 Knowledge of how to apply a number 	 Knowledge of how to apply a number
	of fundamental movement skills in a	of fundamental and some complex	of fundamental and complex
	variety of activities.	movement skills in a variety of	movement skills in a variety of
	• Suggest how tactics can be applied to	activities.	activities.
	games.	• Suggest how more complex tactics can	 Suggest how a number of more
	Use some appropriate vocabulary to	be applied to games.	complex tactics can be applied to
	make well founded judgements on	Suggest possible methods to improve	games.
	their own and others' work to	their own and others' performance.	 Suggest a number of possible
	improve performances.	Heart:	methods to improve their own and
	Heart:	Communicate and collaborate with a	others' performance.
	Communicate and collaborate with	high level of confidence whilst taking	Heart:
	increasing confidence whilst taking	part in activities.	Communicate and collaborate with a
	part in activities.	 Demonstrate enthusiasm and 	high level of confidence whilst taking
	Demonstrating confidence and	commitment to most lessons.	part in activities.
	interest in a range of physical	 Motivate and instil sporting attitudes 	Part
	activities.	in others.	



	 Demonstrate a positive attitude within lessons that benefits a healthy active lifestyle. Hands: Demonstrates an improving level of technical accuracy, with some precision, control, and fluency. Apply your fundamental movement skills in activities. Apply tactics to games. 	 Hands: Demonstrates an improving level of technical accuracy, with good precision, control, and fluency. Perform skills in a range of activities and apply them to achieve good levels of performance. Apply a number of different tactics to games. 	 Demonstrate a high level of enthusiasm and commitment to all lessons. Motivate and instil sporting attitudes in others. Hands: Demonstrates a high level of technical accuracy, with good precision, control, and fluency. Perform skills in a range of activities and apply them to achieve good levels of performance with consistency. Apply a number of different tactics to games with consistency.
Significantly Above Age Expectation	 Head: Knowledge of how to apply a number of fundamental and some complex movement skills in a variety of activities. Suggest how more complex tactics can be applied to games. Suggest possible methods to improve their own and others' performance. Heart: Communicate and collaborate with a high level of confidence whilst taking part in activities. Demonstrate enthusiasm and commitment to most lessons. Motivate and instil sporting attitudes in others. Hands: Demonstrates an improving level of technical accuracy, with good precision, control, and fluency. 	 Head: Knowledge of how to apply a number of fundamental and complex movement skills in a variety of activities. Suggest how a number of more complex tactics can be applied to games. Suggest a number of possible methods to improve their own and others' performance. Heart: Communicate and collaborate with a high level of confidence whilst taking part in activities. Demonstrate a high level of enthusiasm and commitment to all lessons. Motivate and instil sporting attitudes in others. 	 Head: Knowledge of how to apply a high number of fundamental and complex movement skills in a variety of activities. Suggest how a high number of complex tactics can be applied to games. Suggest a high number of methods to improve their own and others' performance. Heart: Communicate and collaborate with an extremely high level of confidence whilst taking part in activities. Demonstrate an extremely high level of enthusiasm and commitment to all lessons. Motivate and instil sporting attitudes in others.



 Perform skills in a range of activities and apply them to achieve good levels of performance. Apply a number of different tactics to games. 		 Hands: Demonstrates an extremely high level of technical accuracy, with good precision, control, and fluency. Perform skills in a range of activities and apply them to achieve excellent levels of performance with consistency. Apply a variety of different tactics to games with consistency.
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Learning Review Window 1	Learning Review Window 2			
Tuesday 9 th January 2024 until Friday 26 th January 2024	Monday 17 th June 2024 until Friday 5 th July 2024			
During these learning review windows students will be assessed in each of their subjects against the progress codes outlined. The actual date and nature of these				
assessments will be outlined by individual subject teachers ahead of the learning review window.				
Assessment summary reports, including information about attendance and attitude to learning are issued following these learning review windows.				