

NEWSLETTER #31



**“Let nothing trouble you; Let nothing frighten you.
Everything passes; God never changes. Patience obtains all.
Whoever has God wants for nothing; God alone is enough.”**

St Teresa of Avila

HEADTEACHER'S MESSAGE

Welcome to our newsletter.

I'm going to be brief this week as I think that you have heard more than enough from me already. I wanted to relate a story to you. It goes as follows:

In 1998, a woman went to a Missionaries of Charity home in West Bengal, India, as she had a fever, headaches, vomiting, and a swollen stomach. She had begun treatment a year earlier. However, the medications she'd taken — intermittently, depending on what her family could afford — hadn't kept a lump from growing in her abdomen. The woman was told that she would need surgery but she was too weak and unwell to undergo an operation.

The woman was praying in the chapel when she saw a light emanating from a photo of Mother Teresa. Later, a medallion that had touched Mother Teresa's body was placed on her abdomen, and a sister said a prayer while asking Mother Teresa for help. The woman awoke early the next day to find her tumour had disappeared. Medical exams showed the abdominal mass was no longer there, and the doctors she'd seen agreed she no longer required surgery. The theologians and medical experts who delved into the case found there was no earthly explanation for the woman's recovery. Her cure was therefore attributed to

the miraculous intervention of Mother Teresa. This miracle was recognized by the Vatican in 2002.

This was one of the miracles attributed to Mother Teresa following her death, which supported Mother Teresa's canonisation and later Sainthood.

I suppose I wanted to share this miraculous story for a couple of reasons. Firstly, because I think that in the uncertain times we are in we all need some light and some belief that even in the darkest of times, things can change unexpectedly for the better - just as they did for the woman above. The second reason is, as Catholics (and other faiths too), we often believe in an after-life where those we love go to and look down on us, looking out for our well being and caring for us. This miracle occurred after the death of Mother Teresa and so physically she couldn't have been responsible for the cure in any way. Spiritually however, is a different matter.

Our loved ones are looking down on us now, helping us to get through this difficult time. Most importantly Our Father is there too looking down keeping us well spiritually if not physically.

I ask that we all pray for one another and for the rest of the communities we live in.

God Bless,
Mrs Morris

MOTHER TERESA'S QUICK NOVENA

Pray The Memorare 10 times

THE MEMORARE

Remember,
O most gracious Virgin Mary,
that never was it known that
anyone who fled to thy protection,
implored thy help,
or sought thine intercession
was left unaided.

Inspired by this confidence,
I fly unto thee, O Virgin of virgins,
my mother; to thee do I come,
before thee I stand,
sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and
answer me.

Amen.

COMPLETING WORK AT HOME DURING THE CORONAVIRUS OUTBREAK

At Stuart Bathurst Catholic High School we want to do all that we can to ensure that your child receives quality resources to support with home learning in the event of self-isolation or school closure due to the coronavirus.

Staff have therefore been working hard to prepare work for students in every year group in the event of self-isolation or school closure. If your child is self-isolating, this work can be found on the overview on the school website and also has been set for every year group on our online platform, ClassCharts.

In addition, any work for the school closure on 17th and 18th March has been set directly on to ClassCharts.

The work can be completed in your child's self-quizzing book which is where they can also use their knowledge organisers to practice self-quizzing or making flash cards. Students have had guidance on both these learning strategies in assemblies and can use the time to practice applying them on top of the work that has been set. Some work may also be completed online using the relevant links that subjects have uploaded. Please ensure that your child follows the instructions of their subject teacher.

We expect students to complete work in accordance with their school timetable. For example, if they have 2 hours of History per week then they should complete 2 hours worth of work in that subject each week. We will ask teachers to review and update this work in coming weeks to ensure that there is ample material for your child to learn and continue to make progress should they self-isolate.

As parents and carers, you can support your child with their home learning by ensuring that they follow their school timetable and that they have a quiet well-lit space in which they can complete their work.

Please encourage your child to contact their class teacher using the school email addresses provided should they require any further support with the work.

If you are self-isolated as a family, why not try quizzing your child on what they have learnt and testing them on the facts from their various subject knowledge organisers.

It is important that time is built in for regular breaks, to include breaks from computer screens and mobile technology. The fabulous resource below offers some suggestions on 25 non-screen activities that you could also try in the event of self-isolation.

Non-screen activities you can do at home

What can you do when there's no school and you're stuck at home? Here are 25 fun ideas to choose from.

Pobble

25 ideas!

1 How many different words can you make from the letters in this sentence, below? Grab a pencil and paper and write a list!

2 Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.

3 Get building! You could build a Lego model, a tower of playing cards or something else!

4 Can you create your own secret code? You could use letters, numbers, pictures or something else! Can you get someone else to try and crack it?

5 Start a nature diary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?

6 Hold a photo session. Use a camera or a mobile phone to take some snaps. What will you photograph? Your pets or toys perhaps?

7 Build a reading den. Find somewhere cosy, snuggle up and read your favourite book!

8 Use an old sock to create a puppet. Can you put on a puppet show for someone?

9 Make a list of all the electrical items in each room of your home. Can you come up with any ideas to use less electricity?

10 Design and make a homemade board game and play it with your family.

11 Do something kind for someone. Can you pay them a compliment, make them something or help them with a task?

12 Can you create a story bag? Find a bag and collect items to go in it that relate to a well known story. If you can't find an item, you could draw a picture to include.

13 List making! Write a list of things that make you happy, things you're grateful for or things you are good at.

14 Design and make an obstacle course at home or in the garden. How fast can you complete it?

15 Can you invent something new? Perhaps a gadget or something to help people? Draw a picture or write a description.

16 Keep moving! Make up a dance routine to your favourite song.

17 Write a play script. Can you act it out to other people?

18 Read out loud to someone. Remember to read with expression.

19 Write a song or rap about your favourite subject.

20 Get sketching! Find a photograph or picture of a person, place or object and sketch it.

21 Junk modelling! Collect and recycle materials such as yoghurt pots, toilet rolls and boxes and see what you can create with them.

22 Draw a map of your local area and highlight interesting landmarks.

23 Write a postcard to your teacher. Can you tell them what you like most about their class?

24 Draw a view. Look out of your window and draw what you see.

25 Get reading! What would you most like to learn about? Can you find out more about it in books? Can you find a new hobby?

STUDENT WELFARE AND SUPPORT

agencies offering help to young people and parents



KOOTH

An online counselling and emotional wellbeing platform for children and young people.

Mon-Fri: 12pm-10pm

Sat-Sun: 6pm-10pm

➔ www.kooth.com

MIND

Promotes the views and needs of people with mental health problems.

0300 123 3393

Mon-Fri: 9am-6pm

➔ www.mind.org.uk

CHILDLINE

Childline supports under 19s with any issue that they are going through.

0800 1111

➔ www.childline.org.uk

PAPYRUS

Young suicide prevention society.

0800 068 4141

Mon-Fri: 10am-10pm

Sat-Sun: 2pm-10pm

➔ www.papyrus-uk.org

SAMARITANS

Confidential support for people experiencing feelings of distress or despair.

116 123 (free 24-hour helpline)

➔ www.samaritans.org

YOUNG MINDS

Information on child and adolescent mental health. Services for parents and professionals.

0808 802 5544 (parents' helpline)

Mon to Fri: 9.30am-4pm

For urgent help, text **YM** to **85258**

➔ www.youngminds.org.uk

URGENT CONTACT



If you need to talk to a member of staff urgently about a student's welfare, please contact us directly:

07547 143 459

07765 457 397

mark.willett@stuart-bathurst.org.uk
b.morris@stuart-bathurst.org.uk

YEAR 11

It was a pleasure to see so many of you on Thursday night for our GCSE exam kick off. As well as collecting high quality resources, students were inspired by our motivational speaker David Hyner. I was struck by a number of points in David's speech but in particular his message 'to not look up to your peers but to look into them'. What is it that they do that enables success in any given area?

Preparations for the Prom are underway and I am in the midst of organising a trip for the Prom Committee to visit the venue so as they can get a clearer idea of what needs doing and what resources

we have. If you child has yet to hand in their deposit please do so ASAP. A letter will follow this week about the pricing.

As you will be aware we have taken a number of steps in relation to the spread of Coronavirus. As well as preparing work for students to complete during a possible school closure, we have also taken the decision to cancel all afterschool sessions.

We have not received any information from the Department of Education in regards to the GCSE exams, but we will keep you updated.

As always, if you have any questions or require support please do not hesitate to contact either myself or Mrs Booker.

m.connolly@stuart-bathurst.org.uk
wendy.booker@stuart-bathurst.org.uk

Mr Connolly
Mrs Booker

PROM PASSPORT



MOHAMMED DULA - 2050 miles
AISHA JEEWA - 2025 miles
HEMISHA PATEL - 1875 miles

YEAR 10

During assembly this week, Year 10 were delivered a presentation to support Careers Week. Key skills were outlined and then students discussed how they can support future applications for courses and job applications. The key skills outlined were:

- **Team work**
- **Positive Attitude**
- **Initiative**
- **Organising and Planning**
- **Decision Making / Problem Solving**
- **Leadership**

and many more...

During form time, students then completed work that allowed them to gain further understanding of the skills and qualities required for any future career choices.

This is a reminder of the school's uniform policy that must be followed at all times. No trainers should be worn, this includes during line up. If there are any issues with uniform, please inform a member of the Year 10 team by letter or phone call. Furthermore, there should be no nose studs and students should only be wearing a maximum of one stud earring in each earlobe.

Miss Adams
Mrs Booker

KEY DATES



11 June 2020
Year 10 Stats GCSE Exam 1

16 June 2020
Year 10 Stats Exam 2

15 June 2020
Year 10 GCSE Mock Examinations

CLASS CHARTS

TOP 3 LISTS



	Y7	Y8	Y9	Y10	Y11
THIS WEEK	XIANG JU CHEN SUFYAN PATEL RAYHAAN PATEL	SAVANNA BOUGHTON LILIA MAE GODDARD RIENNA BANGAR	GURSEWAK SINGH SIENNA DAWSON CARTER LAWRENCE	SHYANNE ALMEIDA MILES JOHNSON AMELIA LEWIS	BYRON HODGETTS VIVEK BAINS AMBER PREECE
SINCE SEPT	MEGAN EASTERLOW LEON DAVIES CORY PULLEN	SANIA BAINS SAFIYYAH BISMILLAH TAKIRA KELDO	DESTINI DAVIS-MITCHELL RALPH CASTRO PRABSIMRAN SIRAN	ANISA GATER AMELIA CLARK AHMED PATEL	SABJOT SINGH AMANPREET KAUR KHADEEJAH KARA

YEAR 9

Year 9 have shown a great level of maturity this week. There has, of course, been an underlying worry of COVID-19. The year group have focused on their studies and tried to take as much as they can from every lesson.

I have visited a number of lessons this week, particularly the year group's maths lessons. In these lessons, I witnessed a lot of high quality work. Alongside this is some outstanding work by Nusaybah Aswat.

The work presented is of high quality and fantastic presentation. This is key for students, as it will allow the students to revise easily as they progress.



Students should be showcasing their work to the best of their ability, as their exams in the future will need to be presented well so that they can be marked correctly.

Unfortunately, the Year 9 Pathways Evening this Thursday has had to be cancelled due to the outbreak of COVID-19.

The students will be given our full support with their GCSE option choices and more information will be given to you in due course. Finally, I would like to stress that the attendance of your children at school is vital. I can see that the students under my stewardship thrive when they are in school and this daily routine allows them to do and be of their best.

Mr Smith
Miss Meacham

**PATHWAYS
EVENING**

CANCELLED
7.30pm



YEAR 8

Miss Meacham and I have been extremely pleased with some of the manners that Year 8 have presented this week. It is so pleasant to hear this in classrooms and in the corridors and pupils will be rewarded for random acts of kindness. Some students are struggling with our high standards and they will be given the opportunity for some extra support around school.

Year 8 unfortunately had their theatre performance postponed on Monday.

'Jay's Story' is a theatrical performance which highlights a very serious issue, radicalisation. We are very lucky to have the fantastic opportunity to have an external agency come in.

I urge our Year group to make the most of this, when it is rescheduled, as it links well with a lot of the work we have been doing in PSHE lessons.

Next week, we will have an extra focus on two areas: Equipment and Uniform. The equipment checklist will be

checked each week and rewarded with ClassChart points. If a student does not appear in full uniform, this will require a note from parents for an explanation

In the light of the recent Covid-19 outbreak, we encourage all pupils to be extra cautious of their hand hygiene in particular.

Have a good week.

Mr Begley
Miss Meacham

YEAR 7

This week Year 7 have been continuing their work with DECCA about the dangers of second-hand smoke. The DECCA staff were very complimentary about their behaviour and ideas. Year 7 have been set the creative challenge of creating awareness of the dangers of smoking, and in particular second-hand smoke. They can create a poster, song, poem, rap, dance, video or model that will be judged by the team at DECCA and the winning student will receive a £50 'love to shop' voucher.

I have been very pleased with the focus in lessons as I have visited this week, and

I have seen some excellent work in the students' books. I would like to stress the importance of the students taking care in the presentation of their work. If the work is considered to be below their best they will be asked to complete it again.

I am very proud of a number of students who took part in the Science Spelling Bee! Rayhaan Patel, Anika Begum, and Gerard Comahig represented our school very well and we are proud of the courage they have shown.

I would like to stress the importance of the students arriving on time for line up in the morning.

If they miss line up they must come to Internal Inclusion or they will be in detention that evening.

Please remember to bring any outstanding money to the pastoral office for the CAFOD family fast donations. There will be another attendance raffle in the last week of term.

Mrs Pepper
Mrs Bayley

Join Stuart Bathurst's

AFRICAN ADVENTURE!

We are offering students the chance to join an exciting trip to Kenya in March 2021, to spend time volunteering at schools in a developing area of Nakuru.

Students can choose either a teaching and sports coaching role or a building/ renovation role. Whilst they will undoubtedly make a difference, your child stands to learn so much about the wider world during this challenging, exciting experience.

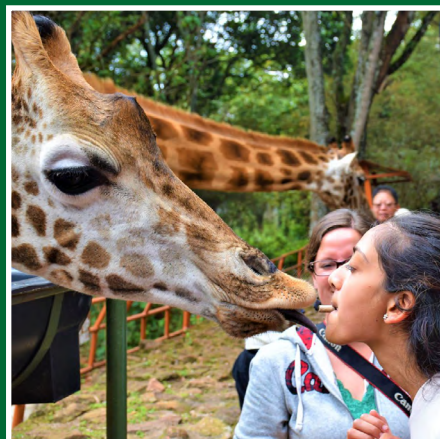
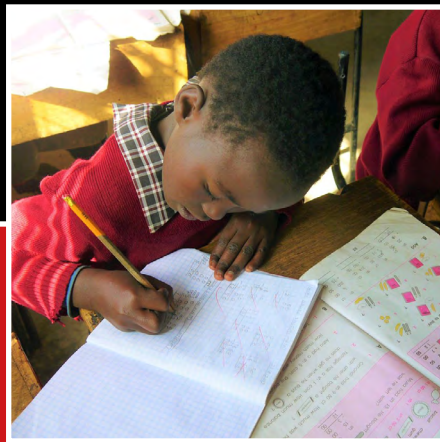
Students will be expected to fundraise towards the cost of their trip to develop their enterprise skills, which the school will support and more will be explained at the information evening.

The 10-night trip will depart on 27th March 2021 and costs £1845.00. This includes return flights, accommodation, food, transport, project costs, travel insurance, ATOL protection and a Rift Valley Adventure Day tour that encompasses a game drive in the famous Lake Nakuru National Park, a stop at the Earth's equator and a visit to Thomson Falls.

OUR INFORMATION EVENING HAS BEEN POSTPONED FOLLOWING CURRENT HEALTH ADVICE.

You can get a flavour of the African Adventure experience by watching this video:

<https://vimeo.com/302100178>



**AFRICAN
ADVENTURE
INFORMATION
EVENING**



**Thursday
27th March 2020**

7:00pm

POSTPONED

More opportunities to learn an instrument!

We're expanding to give more future stars the opportunity of music lessons after the Easter holidays.

Since January, a number of students have been taking instrumental lessons. They've also been loaned an instrument to practice with at home. And now, you can too!



Seth with his Saxophone!

You could study any one of these instruments...

- Piano & Keyboard
- Guitar - Acoustic, Electric, or Bass
- Drumkit
- Vocals
- Strings - Violin, Viola, Cello, Double Bass
- Woodwind - Clarinet, Flute, Oboe, Saxophone
- Brass - Trumpet, Trombone, Cornet, French Horn, Tuba

The cost for these lessons is extremely competitive compared to private instrument tuition. Plus, unlike private tuition, students get their own instrument to practice with at home.

**DOWNLOAD A SIGN-UP FORM
AND START LESSONS SOON!**

Instrument Tuition

(clickable link if viewed online)

Alternatively, collect a form from reception or from Mr Pepper.

A LENTEN JOURNEY...

This week's focus: Fasting

To understand Lent and Easter, we have to understand the greatness of God's love for us. From the very beginning, He loved us so much that He sent His only Son to be one with us, to share our humanity and to bring every human being into a full and joyful friendship with God. Lent is 40 days long — echoing the 40 years the Israelites spent in the desert while journeying to the Promised Land and Christ's 40 days in the desert fasting and praying. Count up the days on a calendar: from Ash Wednesday to Good Friday is 40 days — omitting Sundays because every Sunday is a "little Easter" and doesn't exactly count as Lent.



Fasting

Ash Wednesday and Good Friday are required days of fasting for Catholics between the ages 18 to 59 — meaning one main meal and two other light meals as needed to



maintain health. Abstinence from meat is also required on those two days as well as on the Fridays of Lent.

"Giving up something" is a standard form of penance today during the penitential season of Lent. Renouncing chocolate, alcohol, television, coffee or some specific favourite food are all standard penances.

Part of the Catholic tradition of fasting, is that you are not meant to brag about it: no showing off about how pious you are, or how much you are suffering through your self-imposed penances!

In fact, the best way to experience Lent is to see it as a time of genuine spiritual renewal — it's a time for small but specific acts of love.

Picking up some litter in the street and putting it in a bin. Making one random act of kindness every day.

(It can actually be quite fun working out how to do that: a seat offered to a stranger on the bus, an angry remark left unsaid, a pleasant greeting to a friend at school, and/or a decision to do something that you have been meaning to do for ages, such as visiting that home for the elderly and getting a group of friends to go and sing there, etc.).

What will you do this Lent? Share your ideas with your form group and your RE teacher!

WEEKLY VIRTUES AWARDS

Y7	RAYHAAN PATEL, ANIKA BEGUM, GERARD COMAHIG - LEARNED AND WISE	
Y8	LILLA MAE GODDARD - ELOQUENT & TRUTHFUL	LUKAS GRUZDYS - ELOQUENT & TRUTHFUL
Y9	NUSAYBAH ASWAT - LEARNED & WISE	HASEEB ANWAR - LEARNED & WISE
Y10	SHYANNE ALMEIDA - LEARNED & WISE	MILES JOHNSON - LEARNED & WISE
Y11	YOOSUF PERAGER - ATTENTIVE & DISCERNING	MOHAMMED DULA - ATTENTIVE & DISCERNING
Y12/13	EVE McLAUGHLAN - GRATEFUL & GENEROUS	ZAC SUMMERS - GRATEFUL & GENEROUS

Students Spell Success for Science!

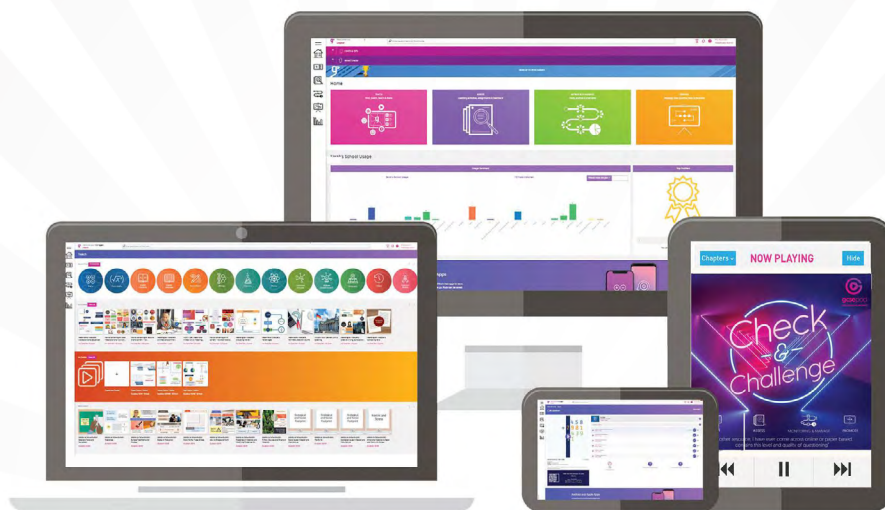
Three intrepid Year 7 students travelled to Trent College in Nottingham this week to take part in the KS3 STEM Spelling Bee.

Rayhaan, Maizie, and Gerard represented Stuart Bathurst at the competition and battled hard against five other schools.

They scored an amazing 26 points but unfortunately did not get placed in the top 3. They are pictured below with their certificates of achievements.



RETURNING SOON! THE GCSEPOD LEAGUE



How to support your child using GCSEPod



What is GCSEPod?

GCSEPod is an award-winning expert in subject knowledge. We provide 3-5 minute bursts of audio-visual, teacher written learning which can help to reinforce and consolidate key GCSE topics covered in lessons.

Experts read and explain everything clearly including all the right facts, quotes, keywords, dates and diagrams on screen.

Tips and Tricks



Watch online or offline

Ask your child to download Pods to their mobile device so they can learn on the go!



Favourites

Challenge your child to 'favourite' 10 Pods on topics they find difficult. Watch the Pods together and use one of our other suggested learning techniques to help simplify what it is they're struggling with.



Personalised Playlists

Use the My Playlists area to create bespoke playlists. Having personalised playlists means your child has fast access to Pods that will help fill knowledge gaps.



Support Homework

GCSEPod isn't just for revision, it's to help expand your child's subject knowledge. If your child is struggling with a piece of homework, you can search for the topic on GCSEPod and use the Pods as an additional resource.



Quizzes

Turn it into a competition and reward your child for correctly answered questions. If you're stuck on what questions to ask, head over to our 'Quiz Your Child' crib sheet!



Memory Cards

Watch Pods together and then write down key facts, dates, diagrams and quotes. Test their knowledge to see how much they remember.

How does your child access GCSEPod?

If your child has already activated their account, they simply need to log in with the username and password they've created.

If they've not yet activated their GCSEPod account, simply follow these simple steps.

1. Go to www.gcsepod.com
2. Click 'Login'.
3. Click 'New Here? Get Started'.
4. Select 'Student'.
5. Follow the on-screen instructions to create a username and password.



LOG ON NOW @
www.gcsepod.com



NUMERACY CHALLENGE

In honour of Pi Day, which was on Saturday (3/14), we have a puzzle concerning the other type of pie...



With one straight cut you can slice a pie into two pieces. A second cut that crosses the first one will produce four pieces, and a third cut can produce as many as seven pieces.

What is the largest number of pieces that you can get with six straight cuts?

WORD OF THE WEEK

Auspicious

adjective.

Indicating favourable circumstances and good luck, promising success.

Can you:

Think of a synonym?

Use this word in a sentence?

Test friends on the spelling?

ATTENDANCE

TOP FORM GROUPS THIS WEEK

1: 8M	98.9%
2: 11M	98.4%
3: 11W	97.5%
4: 11I/8D	97.4%
5: 8W	96.8%

EASTER ATTENDANCE COMPETITION

The attendance team are running a competition for you to win some prizes at the end of the term.

The winners will include 100% for the half term, 100% for the last week of term and most improved attendance. There will also be some runner up prizes available!

The winners will be announced on the last day of term - Friday 3rd April 2020. Good luck!



Pope Francis ✓
@Pontifex

We are called to rediscover what truly matters, what we really need, what helps us to live well and, at the same time, to identify what is secondary and that which we can easily do without. [#GeneralAudience](#) [#Beatitudes](#)

12:30 pm · 11 Mar 2020 · [TweetDeck](#)

3.3K Retweets 17.1K Likes

SPORTS

REMAINING GIRLS' NETBALL FIXTURES



Mar 17 2020

POSTPONED

vs Wodensborough

All remaining sports fixtures have been postponed until further notice.