



Key Stage 3 Summary of Progress

Age Expected Indicators for Physical Education

Progress Code	Year 7	Year 8	Year 9
Significantly Below Age Expectation	<p>Head:</p> <ul style="list-style-type: none"> Extremely limited knowledge of how to apply some fundamental movement skills in activities. Extremely limited knowledge of how simple tactics can be applied to games. Can compare some performances. Can recognise a good performance and use information to make extremely limited suggestions of how to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> Communicate and collaborate with extremely limited confidence whilst taking part in activities. Demonstrates extremely limited confidence and interest in a range of physical activities. Demonstrates an extremely limited attitude within lessons that benefits a healthy active lifestyle. <p>Hands:</p> <ul style="list-style-type: none"> Demonstrates an extremely limited level of technical accuracy, with limited precision, control, and fluency. Apply extremely limited fundamental movement skills in activities. Apply a very basic tactic to games. 	<p>Head:</p> <ul style="list-style-type: none"> Limited knowledge of how to apply some fundamental movement skills in activities. Limited knowledge of how simple tactics can be applied to games. Can compare some performances. Can recognise a good performance and use information to make limited suggestions of how to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> Communicate and collaborate with limited confidence whilst taking part in activities. Demonstrates limited confidence and interest in a range of physical activities. Demonstrates a limited attitude within lessons that benefits a healthy active lifestyle. <p>Hands:</p> <ul style="list-style-type: none"> Demonstrates a limited level of technical accuracy, with limited precision, control, and fluency. Apply limited fundamental movement skills in activities. Apply very basic tactics to games. 	<p>Head:</p> <ul style="list-style-type: none"> Knowledge of how to apply some fundamental movement skills in activities. Knowledge of how simple tactics can be applied to games. Can compare performances. Recognise a good performance and use the information to make suggestions of how to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> Communicate and collaborate with some confidence whilst taking part in activities. Develop confidence and interest in a range of physical activities. Develop a positive attitude within lessons that benefits a healthy active lifestyle. <p>Hands:</p> <ul style="list-style-type: none"> Demonstrates an improving level of technical accuracy, with some precision, control, and fluency. Apply your fundamental movement skills in activities. Apply basic tactics to games.



<p>Below Age Expectation</p>	<p>Head:</p> <ul style="list-style-type: none"> Limited knowledge of how to apply some fundamental movement skills in activities. Limited knowledge of how simple tactics can be applied to games. Can compare some performances. Can recognise a good performance and use information to make limited suggestions of how to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> Communicate and collaborate with limited confidence whilst taking part in activities. Demonstrates limited confidence and interest in a range of physical activities. Demonstrates a limited attitude within lessons that benefits a healthy active lifestyle. <p>Hands:</p> <ul style="list-style-type: none"> Demonstrates a limited level of technical accuracy, with limited precision, control, and fluency. Apply limited fundamental movement skills in activities. Apply very basic tactics to games. 	<p>Head:</p> <ul style="list-style-type: none"> Knowledge of how to apply some fundamental movement skills in activities. Knowledge of how simple tactics can be applied to games. Can compare performances. Recognise a good performance and use the information to make suggestions of how to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> Communicate and collaborate with some confidence whilst taking part in activities. Develop confidence and interest in a range of physical activities. Develop a positive attitude within lessons that benefits a healthy active lifestyle. <p>Hands:</p> <ul style="list-style-type: none"> Demonstrates an improving level of technical accuracy, with some precision, control, and fluency. Apply your fundamental movement skills in activities. Apply basic tactics to games. 	<p>Head:</p> <ul style="list-style-type: none"> Knowledge of how to apply a number of fundamental movement skills in a variety of activities. Suggest how tactics can be applied to games. Use some appropriate vocabulary to make well founded judgements on their own and others' work to improve performances. <p>Heart:</p> <ul style="list-style-type: none"> Communicate and collaborate with increasing confidence whilst taking part in activities. Demonstrating confidence and interest in a range of physical activities. Demonstrate a positive attitude within lessons that benefits a healthy active lifestyle. <p>Hands:</p> <ul style="list-style-type: none"> Demonstrates an improving level of technical accuracy, with some precision, control, and fluency. Apply your fundamental movement skills in activities. Apply tactics to games.
<p>Working At Age Expectation</p>	<p>Head:</p> <ul style="list-style-type: none"> Knowledge of how to apply some fundamental movement skills in activities. Knowledge of how simple tactics can be applied to games. Can compare performances. Recognise a good performance and 	<p>Head:</p> <ul style="list-style-type: none"> Knowledge of how to apply a number of fundamental movement skills in a variety of activities. Suggest how tactics can be applied to games. Use some appropriate vocabulary to make well founded judgements on 	<p>Head:</p> <ul style="list-style-type: none"> Knowledge of how to apply a number of fundamental and some complex movement skills in a variety of activities. Suggest how more complex tactics can be applied to games.



	<p>use the information to make suggestions of how to improve their own and others' performance.</p> <p>Heart:</p> <ul style="list-style-type: none"> • Communicate and collaborate with some confidence whilst taking part in activities. • Develop confidence and interest in a range of physical activities. • Develop a positive attitude within lessons that benefits a healthy active lifestyle. <p>Hands:</p> <ul style="list-style-type: none"> • Demonstrates an improving level of technical accuracy, with some precision, control, and fluency. • Apply your fundamental movement skills in activities. • Apply basic tactics to games. 	<p>their own and others' work to improve performances.</p> <p>Heart:</p> <ul style="list-style-type: none"> • Communicate and collaborate with increasing confidence whilst taking part in activities. • Demonstrating confidence and interest in a range of physical activities. • Demonstrate a positive attitude within lessons that benefits a healthy active lifestyle. <p>Hands:</p> <ul style="list-style-type: none"> • Demonstrates an improving level of technical accuracy, with some precision, control, and fluency. • Apply your fundamental movement skills in activities. • Apply tactics to games. 	<ul style="list-style-type: none"> • Suggest possible methods to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> • Communicate and collaborate with a high level of confidence whilst taking part in activities. • Demonstrate enthusiasm and commitment to most lessons. • Motivate and instil sporting attitudes in others. <p>Hands:</p> <ul style="list-style-type: none"> • Demonstrates an improving level of technical accuracy, with good precision, control, and fluency. • Perform skills in a range of activities and apply them to achieve good levels of performance. • Apply a number of different tactics to games.
<p>Above Age Expectation</p>	<p>Head:</p> <ul style="list-style-type: none"> • Knowledge of how to apply a number of fundamental movement skills in a variety of activities. • Suggest how tactics can be applied to games. • Use some appropriate vocabulary to make well founded judgements on their own and others' work to improve performances. <p>Heart:</p> <ul style="list-style-type: none"> • Communicate and collaborate with increasing confidence whilst taking part in activities. • Demonstrating confidence and interest in a range of physical activities. 	<p>Head:</p> <ul style="list-style-type: none"> • Knowledge of how to apply a number of fundamental and some complex movement skills in a variety of activities. • Suggest how more complex tactics can be applied to games. • Suggest possible methods to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> • Communicate and collaborate with a high level of confidence whilst taking part in activities. • Demonstrate enthusiasm and commitment to most lessons. • Motivate and instil sporting attitudes in others. 	<p>Head:</p> <ul style="list-style-type: none"> • Knowledge of how to apply a number of fundamental and complex movement skills in a variety of activities. • Suggest how a number of more complex tactics can be applied to games. • Suggest a number of possible methods to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> • Communicate and collaborate with a high level of confidence whilst taking part in activities.



	<ul style="list-style-type: none"> • Demonstrate a positive attitude within lessons that benefits a healthy active lifestyle. <p>Hands:</p> <ul style="list-style-type: none"> • Demonstrates an improving level of technical accuracy, with some precision, control, and fluency. • Apply your fundamental movement skills in activities. • Apply tactics to games. 	<p>Hands:</p> <ul style="list-style-type: none"> • Demonstrates an improving level of technical accuracy, with good precision, control, and fluency. • Perform skills in a range of activities and apply them to achieve good levels of performance. • Apply a number of different tactics to games. 	<ul style="list-style-type: none"> • Demonstrate a high level of enthusiasm and commitment to all lessons. • Motivate and instil sporting attitudes in others. <p>Hands:</p> <ul style="list-style-type: none"> • Demonstrates a high level of technical accuracy, with good precision, control, and fluency. • Perform skills in a range of activities and apply them to achieve good levels of performance with consistency. • Apply a number of different tactics to games with consistency.
<p>Significantly Above Age Expectation</p>	<p>Head:</p> <ul style="list-style-type: none"> • Knowledge of how to apply a number of fundamental and some complex movement skills in a variety of activities. • Suggest how more complex tactics can be applied to games. • Suggest possible methods to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> • Communicate and collaborate with a high level of confidence whilst taking part in activities. • Demonstrate enthusiasm and commitment to most lessons. • Motivate and instil sporting attitudes in others. <p>Hands:</p> <ul style="list-style-type: none"> • Demonstrates an improving level of technical accuracy, with good precision, control, and fluency. 	<p>Head:</p> <ul style="list-style-type: none"> • Knowledge of how to apply a number of fundamental and complex movement skills in a variety of activities. • Suggest how a number of more complex tactics can be applied to games. • Suggest a number of possible methods to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> • Communicate and collaborate with a high level of confidence whilst taking part in activities. • Demonstrate a high level of enthusiasm and commitment to all lessons. • Motivate and instil sporting attitudes in others. 	<p>Head:</p> <ul style="list-style-type: none"> • Knowledge of how to apply a high number of fundamental and complex movement skills in a variety of activities. • Suggest how a high number of complex tactics can be applied to games. • Suggest a high number of methods to improve their own and others' performance. <p>Heart:</p> <ul style="list-style-type: none"> • Communicate and collaborate with an extremely high level of confidence whilst taking part in activities. • Demonstrate an extremely high level of enthusiasm and commitment to all lessons. • Motivate and instil sporting attitudes in others.



	<ul style="list-style-type: none">• Perform skills in a range of activities and apply them to achieve good levels of performance.• Apply a number of different tactics to games.	Hands: <ul style="list-style-type: none">• Demonstrates a high level of technical accuracy, with good precision, control, and fluency.• Perform skills in a range of activities and apply them to achieve good levels of performance with consistency.• Apply a number of different tactics to games with consistency.	Hands: <ul style="list-style-type: none">• Demonstrates an extremely high level of technical accuracy, with good precision, control, and fluency.• Perform skills in a range of activities and apply them to achieve excellent levels of performance with consistency.• Apply a variety of different tactics to games with consistency.
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Learning Review Window 1	Learning Review Window 2
Tuesday 7 th January 2025 until Friday 24 th January 2025	Monday 16 th June 2025 until Friday 4 th July 2025
<i>During these learning review windows students will be assessed in each of their subjects against the progress codes outlined. The actual date and nature of these assessments will be outlined by individual subject teachers ahead of the learning review window.</i>	
<i>Assessment summary reports, including information about attendance and attitude to learning are issued following these learning review windows.</i>	