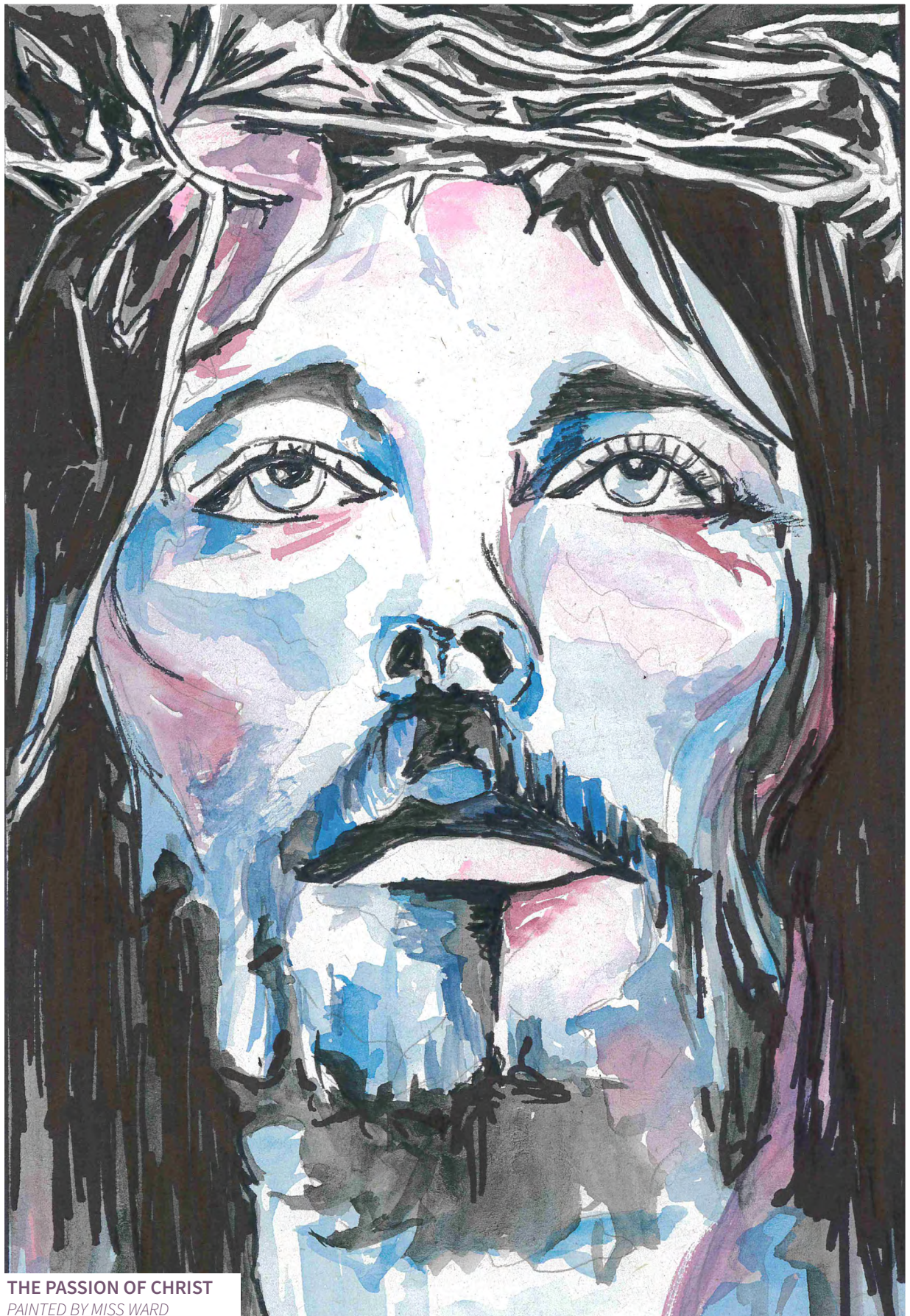


STUART BATHURST CATHOLIC HIGH SCHOOL

HOLY WEEK EDITION



THE PASSION OF CHRIST
PAINTED BY MISS WARD

HOLY WEEK IS HERE!

If we look back on our childhood and even in more recent times, we have memories of chocolate eggs and going to mass throughout the whole of Holy week. This year will see a very different kind of observation and participation in Holy Week celebrations and events but in this digital age, the celebration of Mass is available via our iPad, phone, laptop, PC, Smart TV and in fact on any and all digital devices!

What Is Holy Week And Why Do We Celebrate it?

Holy Week is perhaps one of the most special and Holy times of the year when we commemorate and remember Jesus' sacrifice and His last week on earth and ultimately His Resurrection, proving that there is eternal life for us all. The days leading up to this great feast are an opportunity to reflect on our own lives and consider our own 'crosses' and sacrifices and how we can try to be a little more like Jesus every day. During Lent we have tried to give things up as an offering of our commitment to our faith and as a way to do something proactive for others- if you managed this for the 40 days, then well done! Stuart Bathurst is proud of you!

Holy Week begins with **Palm Sunday** when we remember how Jesus was welcomed into Jerusalem and hailed as king, people threw palms and clothing on the ground as sign of respect! As we move through the week, on Monday we remember Jesus visiting the Temple and emptying it of those who would abuse God's house.

On **Spy Wednesday** we reflect on the actions of Judas and his betrayal which led to the arrest of Jesus.

Maundy Thursday takes its name from the Latin 'Mandatum' meaning commandment. At the Last Supper, Jesus gave us The Mass and also the New Commandment 'to love one another' and this is the central theme that runs through our faith.

Good Friday, although the day which remembers Jesus' crucifixion, it is the day which bought us salvation and forgiveness and for this reason, it is indeed good!

Holy Saturday is a time of waiting and preparation for Easter Sunday, baptisms are often held on this night as we welcome in Easter Sunday and celebrate the Resurrection.

Easter Sunday is wonderful and joyful day to be together as a family and know we have been saved by Jesus' actions and during this time, perhaps we can think of those around us who are being saved by the selfless actions of those working in our NHS.

STUART BATHURST JOINS TOGETHER IN THE STATIONS OF THE CROSS

During Lent and especially during Holy Week, the Stations of The Cross can help bring us closer to Jesus and in this time of suffering and great challenge, we can in some way feel that Jesus is beside us all the way.

The Stations of the Cross started around the 4th Century and were initially regarded as walking The Way of The Cross, or the Via Dolorosa as we sometimes call it. Many early Christians would go out to Jerusalem and walk in the footsteps of Jesus as he carried His cross and feel a closeness and empathy for Him and the sacrifice He made for everyone. However, trips to Jerusalem are costly, so smaller statues or carvings were created so that people, regardless of personal circumstance, could share in this meditational act of prayer and devotion.

Focusing on each station, and meditating on the personal sacrifice that Jesus made, is never more so relevant as it is now. Each one of us will be carrying our cross in a number of ways - from working for the NHS, in education, as shop floor workers and in transport - and knowing that Jesus carries it with us can bring us comfort and strength.

This devotional journey can be made anywhere, from Jerusalem to our own homes and at the heart of this journey is the message of love. "For God so loved the world that he gave his only Son that whoever believes in him will not perish but have eternal life."

As we engage in the sorrow of Jesus and the suffering, particularly in these times we are living through now, we are discovering every day that indeed, there is no greater love than that which would lay itself down for others. This love that we are seeing so many give to others each day, reminds us of the love God has for us and what being human is all about.

WAYS TO OBSERVE EASTER WEEK AT HOME

Maundy Thursday

Watch Mass from the Vatican - share in this special Mass with people from all over the world.

Do something kind for someone in your home – make their bed, tidy up their things, make them a cup of tea, put the dishes away.

Good Friday

This day commemorates the crucifixion, death and burial of Jesus. It is the most solemn and sorrowful day of the Church calendar.

Watch the Good Friday liturgy, which includes the reading of the Passion, Veneration of the Cross, special prayers and holy Communion.

Set aside some prayerful family time between 12 noon and 3 p.m.

Encourage family members to imitate Jesus by forgiving someone who has hurt them.

Holy Saturday

This day commemorates the time of darkness and waiting when Jesus was in the tomb. It is also a day for final preparations before Easter.

Invite family members, friends to watch Mass from the Vatican and skype/facetime them to help create a sense of togetherness.

Gather the family around a bonfire in the back garden – if you can, social distancing permitting. Roast marshmallows and sing songs as a sign of “keeping vigil” until Jesus rises.

Easter Sunday

Wish each other a Happy Easter and spend the day together at home wherever possible.

Eat any chocolate Easter eggs that you were lucky enough to get!

Hold an Easter Egg Hunt in your home.

Watch Mass together – live streamed from the Vatican.

Make chocolate crispy Easter bunny cakes.

EXPERIENCE MASS WITH THE POPE

With public gatherings, including Masses, banned in Italy the Vatican published an updated version of Pope Francis' schedule for Holy Week and Easter. The Vatican has said that all Holy Week celebrations will be celebrated at the Altar of the Chair in St Peter's Basilica "without the participation of the people".

This year also will be the first time Pope Francis will celebrate the evening Mass of the Lord's Supper in the Vatican instead of at a prison, hospital or other institution.

VATICAN MASS SCHEDULE

The papal liturgies for Holy Week and Easter will be live streamed on the Vatican YouTube Channel [HERE](#)

(times listed are local to Italy, which is 1 hour ahead of the UK):

05 APR - Palm Sunday, 11am.

09 APR - Holy Thursday, 6pm. *Mass of the Lord's Supper.*

10 APR - Good Friday, 6pm. *Liturgy of the Lord's passion.*

10 APR - Way of the Cross, 9pm. *In front of St Peter's Basilica.*

11 APR - Easter vigil Mass, 9pm.

12 APR - Easter Mass, 11am. *Followed by the pope's blessing "urbi et orbi" (to the city and the world)*



The Altar of the Chair
of St Peter's Basilica

HOW TO PRAY THE STATIONS OF THE CROSS

The prayers and images on the following pages will allow you to share in this journey and find courage and love in this act of prayer, offering up our hearts and mind to God at each step.

You can start your meditation with an Act of Contrition, then take time on each station, focusing on the image and words silently.

THE STATIONS OF THE CROSS

Jesus is condemned to death

Jesus carries his cross

Jesus falls for the first time

Jesus meets his mother

Simon of Cyrene helps Jesus carry his cross

Veronica wipes the face of Jesus

Jesus falls for the second time

Jesus meets the women of Jerusalem

Jesus falls for the third time

Jesus' clothes are taken away

Jesus is nailed to the cross

Jesus dies on the cross

Jesus' body is taken down

Jesus' body is laid in the tomb



JESUS IS CONDEMNED TO DEATH

Jesus, you stand all alone before Pilate.

Nobody speaks up for you. Nobody helps defend you. You devoted your entire life to helping others, listening to the smallest ones, caring for those who were ignored by others. They don't seem to remember that as they prepare to put you to death.

As a child, sometimes I feel alone.

Sometimes I feel that others don't stand up for me and defend me when I am afraid. Sometimes I don't feel like I am treated fairly, especially if I am scolded or corrected.

As an adult, sometimes I feel abandoned and afraid as well. Sometimes I too, feel like I am treated unfairly or blamed for things unfairly. I have a hard time when people criticize me at home or at work.

Help me be grateful for what you did for me.

***Help me to accept criticism and unfairness as you did,
and not complain.***

Help me pray for those who have hurt me.



JESUS CARRIES HIS CROSS

Jesus, as you accepted your cross, you knew you would carry it to your death on Calvary. You knew it wouldn't be easy, but you accepted it and carried it just the same.

As a child, sometimes I don't like the problems that come my way. Sometimes I try to get others to take care of them or solve them for me. Sometimes I become upset and crabby when I'm asked to do even the smallest thing to help others.

As an adult I sometimes feel like I'm not appreciated. Sometimes I feel as if I accept more responsibility than I need to. I can feel sorry for myself, even though the crosses others carry are much larger than my own.

***My Jesus, Who by Your own will did take on yourself
the most heavy cross I made for by my sins,
make me feel their heavy weight and say sorry each day.***



JESUS FALLS FOR THE FIRST TIME

Jesus, the cross you have been carrying is very heavy. You are becoming weak and almost ready to faint, and you fall down. Nobody seems to want to help you. The soldiers are interested in getting home, so they yell at you and try to get you up and moving again.

As a child, sometimes I start to do something, but then get tired of it. I hurry to get finished and sometimes don't do my work well. Sometimes I don't pay attention to what I should be doing. When things get hard for me, sometimes I give up.

As an adult, I sometimes put things off. I give up too easily, and sometimes don't do my work as well as I know I can.

***My Jesus, the heavy burden of my sins is on you.
I ask you to forgive me and give me Your Grace,
so that I can try not to sin again.***

IV



JESUS MEETS HIS MOTHER

Jesus, you feel so alone with all those people yelling and screaming at you. You don't like the words they are saying about you, and you look for a friendly face in the crowd. You see your mother. She can't make the hurting stop, but it helps to see that she is on your side, that she is suffering with you. She does understand and care.

As a child, sometimes I feel like too many things are going on. Sometimes other kids pick on me and call me names. I need to look around me for a friendly face, and for the help I need. I need to share my troubles with those who truly care about me.

As an adult I sometimes feel overwhelmed by many things. Life is so competitive, and I worry so much about my future and those who have some control over it. I need to remember that being an adult does not mean having to solve every problem all by myself. I need to look around me for a friendly face, for the help I need.

Jesus most suffering, Mary Mother most sorrowful, if, by my sins, I caused you pain and anguish in the past, by God's assisting Grace it shall be so no more.



SIMON OF CYRENE HELPS JESUS CARRY HIS CROSS

Jesus, the soldiers are becoming impatient. This is taking longer than they wanted it to. They are afraid you won't make it to the hill where you will be crucified. As you grow weaker, they grab a man out of the crowd and make him help carry your cross. He was just watching what was happening, but all of a sudden he is helping you carry your cross. As a child, sometimes I see people who need my help. Sometimes I pretend not to hear when my parents call me. I disappear when I know others could use my help.

As an adult, sometimes I try to do as little as I can and still get by. Others might need my help, but I ignore their needs. Even when I'm asked to help, I sometimes claim to be too busy.

My Jesus, blest, thrice blest was he who aided You to bear the cross. Blest too shall I be if I aid You to bear the cross, by patiently bowing my neck to the crosses You send me during life. My Jesus, give me Grace to do so.

VI



VERONICA WIPES THE FACE OF JESUS

Jesus, suddenly a woman comes out of the crowd. Her name is Veronica. You can see how she cares for you as she takes a cloth and begins to wipe the blood and sweat from your face. She can't do much, but she offers what little help she can.

As a child, sometimes I know someone could use a little help and understanding. They may be picked on or teased by others, or just sad or lonely. Sometimes I feel bad that others don't step in to help, but I don't help either.

As an adult, I notice the needs around me. Sometimes my own family members crave my attention, and I don't even seem to notice. Sometimes a co-worker, friend, or family member could use help or understanding, but I don't reach out to help lest I be criticized, or that they demand more of me than I'd like to give.

My tender Jesus, Who printed Your sacred face upon the cloth with which Veronica wiped the sweat from off Your brow, print in my soul deep, I pray Thee, the lasting memory of Thy bitter pains.

VII



JESUS FALLS FOR THE SECOND TIME

This is the second time you have fallen on the road. As the cross grows heavier and heavier it becomes more difficult to get up. But you continue to struggle and try until you're up and walking again. You don't give up.

As a child, sometimes things get me down. Others seem to find things easier to do or to learn. Each time I fail, I find it harder to keep trying.

As an adult, sometimes I think I should know more than I do. I become impatient with myself and find it hard to believe in myself when I fail. It is easy to despair over small things, and sometimes I do.

Help me when things seem difficult for me. Even when it's hard, help me get up and keep trying as you did. Help me do my best without comparing myself with others.

VIII



JESUS MEETS THE WOMEN OF JERUSALEM

Jesus, as you carry your cross you see a group of women along the road. As you pass by you see they are sad. You stop to spend a moment with them, to offer them some encouragement. Although you have been abandoned by your friends and are in pain, you stop and try to help them.

As a child, sometimes I think a lot about myself. I think about what I want and would like people to spend their lives pleasing me.

As an adult, sometimes I act like a child. I become so absorbed in myself and what I'd like that I forget about the needs of others. I take them for granted, and often ignore their needs.

Help me think more about others. Help me remember that others have problems, too. Help me respond to them even when I'm busy or preoccupied with my own problems.

IX



JESUS FALLS FOR THE THIRD TIME

Jesus, your journey has been long. You fall again, beneath your cross. You know your journey is coming to an end. You struggle and struggle. You get up and keep going.

As a child, sometimes I fail time and time again. I find it hard to get along with my sisters and brothers, sometimes I'm not honest, sometimes I'm lazy. I'm tempted to stop trying. It's just too hard sometimes.

As an adult, I often feel I should have conquered my weaknesses by now. I become discouraged when I'm confronted by the same problems over and over again. Sometimes I get weary. When I have health problems, I can become discouraged and depressed.

Help me think of the cross you carried. Help me continue to hope that I can make the changes in my life I need to. You didn't give up. I can have the strength to get up again as well.

X



JESUS' CLOTHES ARE TAKEN AWAY

The soldiers notice you have something of value. They remove your cloak and throw dice for it. Your wounds are torn open once again. Some of the people in the crowd make fun of you. They tease you and challenge you to perform a miracle for them to see. They're not aware that you'll perform the greatest miracle of all!

As a child, sometimes I'm tempted to repeat stories I know are unclean and disrespectful. I sometimes try to act grown up by using crude and bad words.

As an adult, sometimes I repeat stories that are disrespectful of others. I can entertain thoughts that are not clean. Sometimes I give the young people around me a bad example to follow.

Help me to keep myself pure and clean. Help me say things that build up the people around me. Help me overcome worldly desires that I may become more like Jesus. Help me set a good example for others to follow.

XI



JESUS IS NAILED TO THE CROSS

You are stretched out on the cross you have carried so far. The soldiers take big nails and drive them into your hands and feet. You feel abandoned by the people you loved so much. People seem to have gone mad. You have done nothing but good, yet they drive nails through your hands and feet.

As a child, sometimes I hurt others. Sometimes I join with friends and decide not to like another. We gang up against another and cause them hurt and pain. Sometimes I say or do hurtful things to my brothers and sisters. I can wonder what they'd think about themselves if they believed everything I told them about themselves.

As an adult, sometimes I discriminate against others. Even without thinking, I judge others because of their colour, intelligence, income level or name. I forget that I am to live as a brother or sister to all people. Sometimes I use harsh words when I speak to my children and family members. I can find it easy to look for something that isn't very important and make it very important.

Help me look again at the people around me. Help me see the hurt and pain I have caused in others. Be with me to help me make amends for the harm I have done.



JESUS DIES ON THE CROSS

As Jesus hung on the cross, he forgave the soldiers who had crucified him, and prayed for his mother and friends. Jesus wanted all of us to be able to live forever with God, so he gave all he had for us.

Jesus, let me take a few moments now to consider your love for me. Help me thank you for your willingness to go to your death for me. Help me express my love for you!

My Jesus, three hours did You hang in agony, and then die for me; let me die before I sin, and if I live, live for Your love and faithful service.



JESUS' BODY IS TAKEN DOWN FROM THE CROSS

Jesus, how brutally you were put to death. How gently you are taken from the cross. Your suffering and pain are ended, and you are put in the lap of your mother. The dirt and blood are wiped away. You are treated with love.

As a child, sometimes I treat others better when they're sad or in pain. When somebody dies, I become very gentle and kind. I notice the good and kind things people say about those who have died.

As an adult, I seem to be kinder when someone dies. If only I could learn to see the good things about them while they were alive. If only I would tell those around me how much I love them, while I still have the opportunity to do so.

Help me look for the good in those around me, especially those I love the most. Help me live this day as if it were the last. Help me become a more gentle and loving person through my greater appreciation for those around me.



JESUS' BODY IS LAID IN THE TOMB

Jesus, your body is prepared for burial. Joseph gave you his own tomb. He laid your body there and rolled a large stone in front of it, then went home. What a sad day it has been for so many people.

As a child, sometimes I try to keep everything for myself. I find it hard to share my things with my brothers or sisters and with my friends.

As an adult, I can be selfish too. I can accumulate things and keep them for myself. I try to make sure I have what I want before I share what I have with anybody else.

Help me think of Joseph of Arimathea, who risked his own life as he accepted Jesus' body for burial. Help me think of how Joseph loved Jesus so much that he gave him his own tomb.